



Diabetes Education Program

WALKING GROUP

Jul – Dec 2025

For More Information contact 519-246-5902

When: Mondays and Thursdays 10:00 – 10:30 am

Location: Shops on the Sydenham, Strathroy

All Welcome!

DATE	
June 30 / July 3	Happy June Birthdays / In which country did fireworks originate?
July 7 / 10	What 3 zodiac signs occur during the summer? / What did the grape do when it got stepped on?
July 14 / 17	What animal hibernates in the summer? / Popular drink mix originally invented as an ice cream topping?
July 21 / 24	What do you call a bear caught in the rain? / What is one candy you can't buy in Walt Disney World?
July 28 / 31	Which well-recognized monument gets bigger in the summer? / Happy July Birthdays
Aug 4 / 7	CIVIC HOLIDAY – NO WALKING GROUP / What do you call a bear with no teeth?
Aug 11 / 14	The main attraction at the Iowa state fair is a 600lb cow sculpted out of what food? / Who was known as the "Queen of Soul" and sang the hit song "Respect"?
Aug 18 / 21	What is the chilled summer soup made from tomatoes and other pureed vegetables called? / Why did the lifeguard kick the elephants out of the pool?
Aug 25 / 28	What fruit cannot be added to jello fresh but can be added in its canned form? / Happy August Birthdays
Sep 1 / 4	LABOUR DAY – NO WALKING GROUP / What is the most visited tourist attraction in the world?
Sep 8 / 11	This produce item is often harvested by flooding its field and allowing the edible produce to float to the top of the 1 foot "bog". / What is the most widely eaten food worldwide?
Sep 15 / 18	Why do seagulls fly over the sea? / What stretch of road is known as "Americas Mother Road"?
Sep 22 / 25	Which British rock band released the album "Sgt. Pepper's Lonely Hearts Club Band" in 1967 / What is the world's oldest soft drink?
Sep 29 / Oct 2	Happy September Birthdays / Why did the scarecrow win an award?
Oct 6 / 9	How do you repair a broken jack-o'-lantern? / What thanksgiving vegetable has been grown on the moon?
Oct 13 / 16	THANKSGIVING DAY – NO WALKING GROUP / Which country is the largest producer of olive oil?
Oct 20 / 23	Why don't skeletons fight each other? / According to the Sheb Wooley song lyric, this creature is a one-eyed, one-horned, flyin' what?
Oct 27 / 30	What is the most popular Halloween candy in America? / Happy October Birthdays
Nov 3 / 6	What was the first food eaten in space? / Why do the French like to eat snails?
Nov 10 / 13	World War One officially ended with the signing of which treaty? / Where is the Canadian National Vimy Memorial located?
Nov 17 / 20	Why do cows wear bells? / What is the most common birth month?
Nov 24 / 27	What was the name of the Berlin Wall that divided East and West Germany during the 1960s? / Happy November Birthdays
Dec 1 / 4	Which country did eggnog come from? / What was the first name of Scrooge?
Dec 8 / 11	According to the song, what was given to the true love on the 10 <sup>th</sup> day of Christmas? / What do Christmas trees get when they go numb?
Dec 15 / 18	The Spanish see in the New Year by swallowing what on each of the 12 chimes at midnight? / Where do you find a Christmas tree?
Dec 22 / 25	What is the best-selling Christmas single of all time? / CHRISTMAS DAY – NO WALKING GROUP
Dec 29 / Jan 1	Happy December Birthdays / NEW YEAR'S DAY – NO WALKING GROUP: See you again January 5 <sup>th</sup> 2026!

