



Diabetes Education Program

WALKING GROUP

July - December 2026

For More Information contact 519-246-5902

When: Mondays and Thursdays 10:00 – 10:30 am

Location: Shops on the Sydenham, Strathroy

All Welcome!

Participate in this schedule's Fun Trivia

DATE	THEME
June 29 / July 2	Happy June Birthdays / What is the only mammal capable of true flight
July 6 / July 9	What travels throughout the world but remains at one corner / What are the three most prevalent fruit allergies?
July 13 / July 16	How many flowers do honeybees have to visit to produce one pound of honey? / Why did the beet turn red?
July 20 / Jul 23	Besides maples, what other type of tree can be used to make sweet syrup? / Why are flamingos pink?
July 27 / July 30	Which vegetable is not welcome on a cruise? / Happy July Birthdays
Aug 3 / Aug 6	CIVIC HOLIDAY – NO WALKING GROUP / Which country gifted the statue of liberty to the US?
Aug 10 / Aug 13	What is a male duck called? / Which fast food chain has the most locations in the U.S.?
Aug 17 / Aug 20	What do you call a fish with no eyes? / What is the rarest blood type in humans?
Aug 24 / Aug 27	What three vegetables are referred to as "The Three Sisters" by indigenous peoples? / What do you call a shoe made out of a banana?
Aug31 / Sept 3	Happy August Birthdays / Belted Galloway and Belgian Blue are breeds of which animal?
Sept 7 / Sept 10	LABOUR DAY – NO WALKING GROUP / What does it mean to truss a chicken?
Sept 14 / Sept 17	What did the janitor say when he jumped out of the closet? / Which apple is the most popular in the US?
Sept 21 / Sept 24	What is worse than finding a worm in your apple? / Canada is the world's largest exporter of what fruit?
Sept 28 / Oct 1	Happy September Birthdays / What do you call a group of crows?
Oct 5 / Oct 8	Which Shakespeare play features the 'double double, toil, and trouble' rhyme? / What did the turkey say to the turkey hunter on Thanksgiving Day?
Oct 12 / Oct 15	THANKSGIVING – NO WALKING GROUP / What do you call a turkey on the day after Thanksgiving?
Oct 19 / Oct 22	What kind of turtle can't retract into its shell? / What gas is most prominent in the earth's atmosphere?
Oct 26 / Oct 29	How can you tell if a vampire has a cold? / Happy October Birthdays
Nov 2 / Nov 5	What animals have teeth that never stop growing? / What do clouds wear under their shorts?
Nov 9 / Nov 12	What empire did Turkey belong to during WWI? / Which country brought domestic cats into the USA
Nov 16 / Nov 19	Hockey team with the most Stanley Cups? What did the duck say when she bought lipstick?
Nov 23 / Nov 26	What body parts never stop growing? / What does a male penguin often gift its female counterpart to win her over?
Nov 30 / Dec 3	Happy November Birthdays / Why don't you ever see Santa in the hospital?
Dec 7 / Dec 10	Which city is officially known as "The Christmas Capital of Canada"? / What game found under Christmas trees since 1978 had the tagline "the frantic marble munching game"?
Dec 14 / Dec 17	What did Santa do when his sleigh broke down? / What is the name of Rudolph's girlfriend?
Dec 21 / Dec 24	What is the name of the last ghost that visits Scrooge in A Christmas Carol? / The first artificial Christmas tree was made in the 19th century using what material?
Dec 28 / Dec 31	Who currently hosts Dick Clark's New Year's Rockin' Eve on ABC? / Happy December Birthdays

Legend:

Trivia Questions

Jokes/Riddles

Special