

August 16, 2011

*For more information
contact:*

MEDIA RELEASE

For Immediate Release

Michael Mazza
Chief Executive Officer
519 245-5295 ext. 5592

Middlesex Hospital Alliance Nutrition and Food Service Rate Excellent

Strathroy, ON - Patient food services at Four Counties Health Services and Strathroy Middlesex General Hospital rated excellent in the annual Middlesex Hospital Alliance (MHA) assessment of meal satisfaction and service.

Both sites also received a green pass of compliance from the Middlesex-London Health Unit DineSafe Public Health Food Premises Inspection. The DineSafe program was designed to give the public quick and easy access to the results of food safety inspections.

The MHA Nutrition and Food Service survey rated the quality of food items and service with an average score of 90% satisfaction.

Best known for their nutritious and home-style meals, both sites prepare and offer breakfast, lunch and dinner daily to patients, physicians and employees.

"It's unfortunate that sometimes hospital food gets a bad rap. This is a misconception as we offer a wide variety and tasty assortment of fresh fruit, salad bar items and whole grain foods," says Linda Morningstar, Team Leader for Dietary, Housekeeping, Shipping and Receiving at Four Counties.

In addition, Strathroy Hospital received the Eat Smart Ontario Healthy Restaurant Program Award of Excellence 2007-11. Specific criteria must be met in order to achieve this standing including offering a variety of options from the four main food groups of Canada's Food Guide and a selection of whole grain and low-fat products.

"The survey ratings reflect satisfaction with our careful attention to meal plans and we are pleased with the results," says Liz Gordon, Registered Dietitian and Manager of Food Services at Strathroy Hospital.

"The high standards we have in place for food service quality help to make staying in hospital as comfortable as possible for patients and visitors."

To try some of the delicious and healthy recipes from the MHA Nutrition and Dietary Food Services Department visit www.mhalliance.on.ca and click on the Nutrition Food Services link.